

# Your Home Care Package Fees and Service Rates



Southern Plus+



## Dedicated Wellness Partner

Southern Plus has a continued commitment to providing better quality aged care services, that are both accessible and affordable. Care management is integral in making sure your services are optimised, coordinated and most importantly, supporting you to live life in full. Your dedicated Wellness Partner will coordinate assessments and reviews with our team of health and wellness professionals.

Schedulers are ready to assist with any questions you may have about your services. You can contact your health and wellness scheduler to adjust your service during weekday business hours of 6:30am - 6:30pm.

### Care Management

		Level 1	Level 2	Level 3	Level 4
Managed by Southern Plus	Per fortnight	\$64	\$93	\$153	\$219
Managed by Southern Plus	Approx. hrs per fortnight	1	2	3	4
Self-managed by you	Per fortnight	\$7	\$10	\$16	\$22
Self-managed by you	Approx. hrs per fortnight	1	1	1	1



## NEW clinic-based and telehealth services by Nurse Practitioner

Nurse practitioner services are now available via Telehealth for Southern Plus clients across WA. Should you prefer a consultation in person, you can visit us at the Health and Wellness Centre in East Fremantle.

Consultation Duration			
Short uncomplicated	\$25	Long	\$90
Short complicated	\$69	Extended	\$110



## Nurse Practitioner Home Visits

Our nurse practitioner can also visit you in the privacy of your own home, providing a wide range of services to improve your health.

Service time	Week Days 6am - 6pm
60 minutes option only	\$179 per hour



## Southern Plus East Fremantle Health and Wellness Centre

The Health and Wellness Centre is a facility designed specifically for seniors, providing a range of allied health services to support rehabilitation, restoration and quality of life.

Allied Health - Attendance at Southern Plus East Fremantle	Weekdays only
Allied health practitioner (45 mins)	\$85
Allied health practitioner (30 mins)	\$60
Therapy assistant (30-45 mins)	\$60
Living Longer Living Stronger Tier 1 Group Session	\$15
Staying Strong Group Sessions	\$20
Living Longer Living Stronger Tier 2 Group Session	\$10
Group exercise (Aquatic, fitness, Tai Chi)	\$15
Aquatic hydrotherapy group session	\$25
Arthritis WA Joint Movement - Group Fitness Session	\$10

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## Monthly Package Management Costs

With over 50 years of supporting the WA community, you have the peace of mind that your services are being managed by a team of professional service consultants.

Other Costs		Level 1	Level 2	Level 3	Level 4
Package management	Per fortnight	\$32	\$69	\$178	\$289
Maximum exit amount	Max. total	\$0	\$0	\$0	\$0
COVID 19 Management (Applied from 1 March 2020 to 31 August 2020)	Per fortnight	\$4.06	\$7.14	\$15.54	\$23.52



## Rates for Common Services

Our rates are based on our ability to offer you our Same Face Promise, which means you'll always get the care team of support workers you want and trust at a schedule to suit you, which won't change unless agreed with you.

### Health and Wellness Common Services

Service	Service time	Week Days	Saturdays or	Sunday or
		6:30am - 6:30pm	Week Days 6:30am - 6:30pm	Public Holiday
Cleaning and household tasks	60 minutes	\$69	\$79	\$99
Light gardening	60 minutes	\$69	\$79	\$99
In home respite	60 minutes	\$69	\$79	\$99
Centre based respite	Day rate	\$125	\$250	\$250
	Overnight	\$200	\$250	\$250
Personal care	30 minutes	\$39	\$45	\$56
	60 minutes	\$69	\$79	\$99
General Nursing	30 minutes	\$69	\$89	\$109
	60 minutes	\$99	\$129	\$149
Complex Nursing	30 minutes	\$89	\$99	\$119
	60 minutes	\$129	\$139	\$159
Allied Health	45 minutes	\$119	N/A	N/A
	60 minutes	\$159	N/A	N/A

## Important information

1. Where a client chooses a provider other than Southern Plus, the fee for the service will be the cost of the invoice from the alternate provider plus 15%.
2. Any expenses paid for by Southern Plus staff on your behalf are expensed to you with a 15% handling fee.
3. There is a mileage charge of \$1.00 per kilometre when clients are taken to activities or appointments in a support workers car.
4. 24 hours notice is required to cancel services otherwise the service will still be charged to your package.
5. Southern Plus may review fees and charges from time to time. All prices are exclusive of GST, as no GST is added to our services. Brokered services and goods supplied may incur GST.
6. Southern Cross Care (WA) Inc. ABN 550 46572 944 is the approved provider of services, trading as Southern Plus.
7. To be read in conjunction with your ACAT support plan, home care agreement, budget and care plan.

Effective 1 July 2020 and subject to change.